**Return to Activity Guidelines (per OLA rules and guidelines)**

1. **Participant Pre-Screening questionnaire to be completed by all participants prior to each new event date**
2. **RTA Facility Safety**
   1. **Equipment**
      1. Player Players and coaches only touch the ball or goal nets with their sticks - officials do not touch the balls at any time
      2. Participants’ equipment should be kept on at all times during a game (extra equipment should be stored inside of the vehicle)
      3. Personal water bottles with names clearly printed on the front should be used
      4. Coaches should have access to sanitizing products
   2. **Benches**
      1. Players should be spaced evenly apart on benches with physical markers to use as guides
      2. Shared surfaces (benches, gate latches, etc.) must be disinfected after each cohort’s event
      3. Non-playing personnel on the bench must wear their masks at all times
      4. Minor officials and table personnel must wear their masks at all times
   3. **Dressing Rooms**
      1. If dressing rooms are used, players and officials must wear face masks until the beginning of the game/session
      2. Players must be spaced evenly apart in dressing rooms, with physical markers used as guides
      3. Where dressing rooms are not used, players and officials should arrive to each game/session dressed and ready to participate
   4. **Pathways**
      1. Follow all entry and exit instructions
      2. Use physical distancing markers (pylons, sticks, etc.)
      3. Shared pathways should be utilized single file
      4. Parents, guardians and spectators must wear masks at all times
3. **No body-to-body or stick-to-stick contact**
   1. Body-to-body contact: penalized according to the appropriate sector or foul
   2. Stick-to-body contact: penalized according to the appropriate sector or foul
   3. Stick-to-stick contact: allowed within the rules of each sector, provided the stick does not make contact with the body, regardless of the sector
4. **Promote continuous play**
   1. Gathering of two or more participants, i.e.: ground ball, officials will apply the “closest player / quick whistle” mechanic to award possession to the player who is closest to the ball.
   2. Closest player will be awarded the ball, and the opposing player(s) will immediately retreat 3m to allow for a quick whistle to restart continuous play.
   3. Opposing players who do not fall back 3m will be penalized according to the appropriate sector.
   4. Where a ground ball is not being contested (no gathering of two or more players), the officials can allow play to continue without stopping
5. **Stick-to-stick contact**
   1. Stick-to-stick contact is not allowed at U7 and below
   2. Gloves/hands are not part of the player’s stick
   3. Stick-to-stick contact is allowed when it is intended to block a shot or dislodge the ball
   4. Off-ball stick-checking is not allowed (checking a non-ball carrier’s stick is considered minor offence)
6. **Clarification on Contact**
   1. Any body-to-body contact or stick-to-body contact will be penalized by the officials according to the sector.
   2. In the practices and training sessions that precede modified games, coaches must emphasize ball movement, passing and catching, and safe play where stick-to-stick contact is allowed.
   3. Where non-penalized body-to-body contact occurs, such as a stationary pick or screen, it will be called “interference” and penalized according to the appropriate sector.
   4. Where non-penalized stick-to-body contact occurs, such as cross-checking in box lacrosse, it will be called “illegal cross-checking” and penalized according to the appropriate sector.
7. **Box League Structure**
   1. See OLA Box Lacrosse RTA document